

Standardized assessment grid for osteopathic lesions

Assessment date:
Treatment group

Study number:

Skull			*+	*++	*+++
Respiratory rate					
SBS	No lesion compression/ compaction SBR Physiologic lateral strain Non physiologic lat strain Vertical strain	sup	inf		
occipital bone	No lesion Right condyle Left condyle Condyles: post/ ant bilat Lambda Foramen magnum Occipitomastoid suture Squamous part				
Temporal bone	No lesion Petrus part Squamous part Auditory canal Carotid canal Temporomandibular joint Internal rotation	R R R R R	L L L L L		
Sphénoïd bone	No lesion Greater wing/Lesser wing				
Parietal bone	No lesion Parietal eminence External rotation Internal rotation suctioned compressed	R R R	L L L		
Cerebral Dura Mater	No lesion Tentorium cerebelli Falx cerebelli Spinal Dura Mater				
Sutures	No lesion With parietal bones With temporal bones Asterion Coronal suture Metopic suture Sagittal suture				
Brain	no lesion Brain hemisphere Posterior fossa Cerebral trunk veinous sinus Spinal fluid				
Face:	No lesion Orbital symetry Zygomatic bone Maxilla Frontal bone Nasal bone Ethmoid Vomer/				

	Mandible	
Neck	no lesion Hyoid bone Digastric muscle Sub-mandibular muscle Cervical fascia Neck visceral sheath Scalenes muscle	
Cervical Vertebrae	no lesion Sternocleidomastoid Atlas/ Axis Other cervical vertebrae	
Thorax	No lesion Clavicle First-second ribs Anterior myofascial structures Posterior myofascial structures Oesophagus Stomach mediastinum diaphragm	R L R L
Spine	No lesion Thoracic vertebrae Lumbar vertebrae	
Sacrum	No lesion compaction Dura mater traction Intra osseous lesion restriction	
Hip bone	No lesion anterior/posterior position Intra osseous lesion restriction	ant post
Other		

Memo:

Assessment	Respiratory rate	listen/ feel motion	Flex/Ext Exp./Retr.
	Palpation	structures range of motion	
	Fluids	Spinal fluid Venous sinus	Fluid lesion
	5 spheres: alignment (DD)		
Osteopathic treatment	Motility non physiological no axis non physiological with axis Physiological lesion		

Mechanisms

No lesion
Musculoskeletal
Core-link
fascias
Fluids
Pressure
Visceral
Cranial field

Goniometer before

Right

Left

Goniometer after

Right

Left